

3RD DAILY CARDIOLOGY SYMPOSIUM

CONCISE, PRECISE, PRACTICAL

1st Day, 4th Panel, 1st Lecture

Acute Hypertension

Approach to the management of hypertension crisis



Learning Objectives & Case Vignette

Learning Objectives

- Terminology & clinical implications:
 - Hypertension crisis
 - Emergent hypertension
 - Urgent hypertension
 - Malignant hypertension
 - Labile hypertension
 - Pseudo-pheochromocytoma

Learning Objectives

- Evaluation of patients with acute severe hypertension
 - BP-measurement techniques in acute severe hypertension
 - Evaluation of acute severe hypertension (including acute TOD)
 - Structured management of acute severe hypertension
 - Medications for hypertensive emergencies
- Appropriate management of severe asymptomatic hypertension

Case Vignette

- 55 Y/O lady, with hot flashes and headache after emotional stress
- **SH:**
 - No regular exercise
 - smoker (20ys, 2PPD)
 - Positive Fhx for hypertension
- **PMH:** unremarkable
- **DH:** unremarkable
- **Ph. Exam.:**
 - Alert, oriented
 - BP=185/105 mmHg
 - Heart & Lungs: unremarkable

Stay Tuned with
Daily Cardiology Symposium 1402

Acute Hypertension
Tir 22nd, 16:00 - 17:30

Approach to the management of hypertension crisis

B. Aminian, MD

