

# 4<sup>TH</sup> DAILY CARDIOLOGY **SYMPOSIUM**

**CONCISE, PRECISE, PRACTICAL**

14<sup>th</sup> and 15<sup>th</sup> Tir, 1403

Practicing the Art of Preventive Cardiology

The Digital Experience

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**SCIENTIFIC PROGRAM**



# SYMPOSIUM FACULTY



# Thursday, Tir 14<sup>th</sup>

## Welcome Remarks

H. Riahi, MD & R. Ghanavati, MD



09:00-09:15

## Hypertension



09:30-11:00

Moderator: H. Riahi, MD

### Session 1: **The Story in Whole!**

Comprehensive Assessment of Hypertensive Patients

Panelist Expert

Sh. Hajsadeghi, MD

### Session 2: **The Story in Length!**

Management of Chronic Hypertension

Panelist Expert

B. Aminian, MD



# Thursday, Tir 14<sup>th</sup>

## Dyslipidemia

Moderator: R. Ghanavati, MD



11:30-13:00

### **Session 1: Oil On the Fire!**

Diagnosis and Management of High Plasma LDL-C

Panelist Expert

M. Malek, MD

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### **Session 2: No One's Concern, Everyone's Problem!**

Diagnosis and Management of High Plasma Triglyceride

Panelist Expert

F. Hadaegh, MD



# Thursday, Tir 14<sup>th</sup>

## Type 2 Diabetes Mellitus

Moderator: H. Riahi, MD



14:00-15:30

### **Session 1: The Sweet Taste of Healing!**

Optimizing The Use of Oral Diabetes Medications

Panelist Expert

H. Abdi, MD

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### **Session 2: Tiny Needles, Huge Benefits!**

Optimizing The Use of Parenteral Diabetes Medications

Panelist Expert

S. A. Jahed, MD



Thursday, Tir 14<sup>th</sup>

## Cardiovascular Risk Modifiers

Moderator: R. Ghanavati, MD



16:00-17:30

### Session 1: **The Circulation Compass!**

The Role of Ankle-Brachial Index (ABI) in Cardiovascular Risk Evaluation

Panelist Expert

P. Sadeghipour, MD

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### Session 2: **A Race of Blood and Heart!**

The Role of Pulse Wave Velocity in Cardiovascular Risk Evaluation

Panelist Expert

M. Najafi, MD



Thursday,  
Tir 14<sup>th</sup>

# YOUNG CARDIOLOGIST AWARD 1403

A Story of Excellence



18:00-20:00

Friday, Tir 15<sup>th</sup>

## Imaging in Preventive Cardiology



09:30-11:00

Moderator: H. Riahi, MD

### Session 1: **Peeking Through the Heart!**

The role of Coronary CT-Angiography and Calcium Score in Cardiovascular risk Evaluation

Panelist Expert

H. R. Pooraliakbar, MD

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### Session 2: **Danger Up To The Neck**

The role of Carotid Ultrasound in Cardiovascular Risk Evaluation

Panelist Expert

B Zamani, MD





Friday, Tir 15<sup>th</sup>

## Smoking and Obesity



11:30-13:00

Moderator: R. Ghanavati, MD

### Session 1: **Beyond The Last Puff!**

Smoking Cessation and Cardiovascular Disease Prevention

Panelist Expert

A. Farhoudian, MD

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### Session 2: **Trimming The Risk!**

Obesity and Cardiovascular Disease Prevention

Panelist Expert

M. E. Khamseh, MD



Friday, Tir 15<sup>th</sup>

## Nutrition and Exercise

Moderator: H. Riahi, MD



14:00-15:30

### **Session 1: Half-Empty Plate, Full-Strength Heart!**

The Role of Nutrition in Cardiovascular Disease Prevention

Panelist Expert

F. Shidfar, PhD

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### **Session 2: The Sluggish Pace of Death!**

The Role of Exercise and Physical Activity in Cardiovascular Disease Prevention

Panelist Expert

M. Molanoori, PhD



# Friday, Tir 15<sup>th</sup>

## The Role of Antithrombotic Medications in Preventive Cardiology



16:00-17:30

Moderator: R. Ghanavati, MD

### **Session 1: The Impending Accident!**

The Role of Antithrombotic Medications in the Primary Prevention of ASCVD

Panelist Expert

A. Talasaz, PharmD

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### **Session 2: The story of survivors!**

The Role of Antithrombotic Medications in the Secondary Prevention of ASCVD

Panelist Expert

M. R. Vojdanpaparst, MD



# We are delighted to welcome you to Daily Cardiology Symposium 1403: a digital experience

No registration is required. Just go to the link below and join us:  
[B2n.ir/DCS1403Landing](https://B2n.ir/DCS1403Landing)

Open access to all cases and  
learning objectives is available on:

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